

#### **Household Communications Plan**

If you have a household communications plan, it will be easy to contact your family, guardians or friends in a disaster! Fill out this emergency contact form with your household, and make sure everyone knows where to meet and who to call. When you finish, cut out this page and hang it where everyone in your household can see it.

My name:	My Household	
My address:	Parent/guardian work and cell numbers	
	Work number:	
	Cell number:	
My telephone number:	Work number:	
Who to call in case of emergency		
Emergency Number: 9-1-1 or	Cell number:	
Name and number of neighbour or relative:		

Name and number of out-of-town contact:





# Are you ready for an emergency?

Find the hidden emergency words in the puzzle.

BACKPACK
BATTERIES
CLOTHING
TORNADO
WHISTLE
CANDLES
STORM
WATER
ALERT
FOOD
CASH

KIT

E Z O I H S V B P O F O P K N B M X D I P V A S Y F Y C B T W H E D A A S E H E F L C H U B E Z R E N L T G T O J G N G A L G T G D R F O T I I R T E C T L X N E R O H R L K X Z C K S U A O Q N I T H M W W V U P I C L I H N C S A E A U Y C A H W B T G O A Y P S T Q N R C W N K A D L H S A C E G Y F K R Y D C F B A T T E R I E S T Y X F I R E T S A S I D H N D D O N D I S T Y R V X F W R N O A R E L T D D B D J S V P D R L N M D A L E R T T II N H

MEDICATION EMERGENCY FLASHLIGHT DISASTER



## Did You Know?

During an emergency you may have no electrical power or be asked to evacuate. An emergency kit contains items you and your household need for at least three days. Work with your household to build a kit. It should be easy to carry, like a backpack or suitcase. Check the kit twice a year to ensure the freshness of food and water, and add new items if needed.

Emergency Kit Essentials Checklist (Three-day supply per person)

	non-	perishabl	e food	and ma	nual can	opener
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- bottled or bagged water (4L per person, per day)
- medical masks or respirators, and hand sanitizer
- medication(s) and first-aid kit
- toilet paper and other personal items
- cell phone charger and power bank
- cash in small bills
- ☐ flashlight, headlamp or glow stick
- radio (crank or battery-run)
- extra batteries
- candles and matches/lighter
- extra car and house keys
- whistle (to attract attention, if needed)
- zip-lock bags, garbage bags and duct tape
- copies of important documents (identification, insurance)



### Match-It-Up

Draw a line to connect each emergency with the correct action you should take to stay safe.



Flood



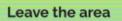




Power Outage Wildland Fire

Thunderstorm



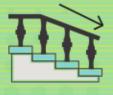




Get to higher ground



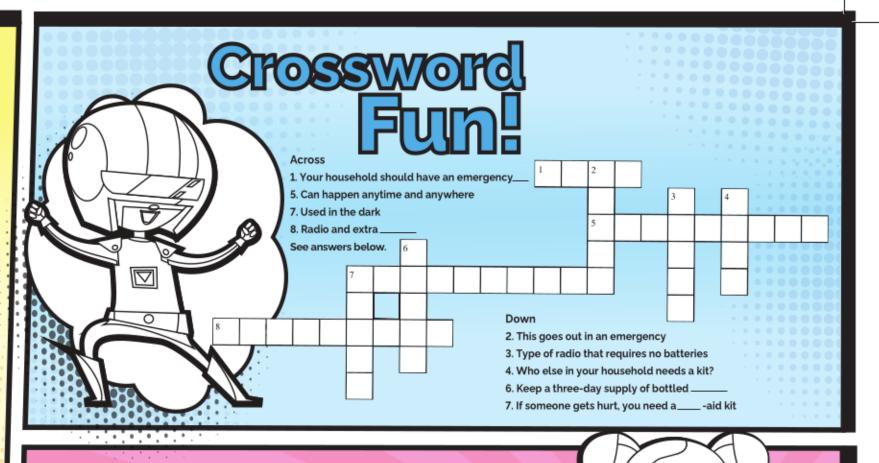
Go inside



Go to the lowest level of a building



Use glow sticks or flashlights



#### **Pet Emergency Kits**

Pets are part of our families. Your pet emergency kit should include the following items:

- · food, water, bowls, paper towels, and a can opener
- blanket and small toy
- sturdy leash and harness
- cat litter/pan (if required) and plastic bags
- carrier for transporting your pet
- medicine and medical records (including vaccination information)
- up-to-date ID tag with your phone number and name/phone number of your veterinarian
- · current photo of your pet in case your pet gets lost
- how-to guide for how to care for your pet
- copy of license (if required)
- muzzle (if required)

# Preparing an emergency plan

- 1. Choose an out-of-town contact who you can connect with.
- 2. Establish a meeting place away from your home.
- 3. Build and customize an emergency kit to meet the unique needs of your household.

For more information on how to be prepared visit: ontario.ca/BePrepared

Secondary Second

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Word Scramble Down failure S. Alert wildland fire

7. Flashlight 8. Batteries

> Across 1. Plan 5. Emergency

> > Crossword

Answers